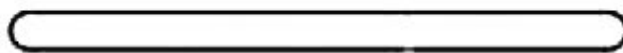
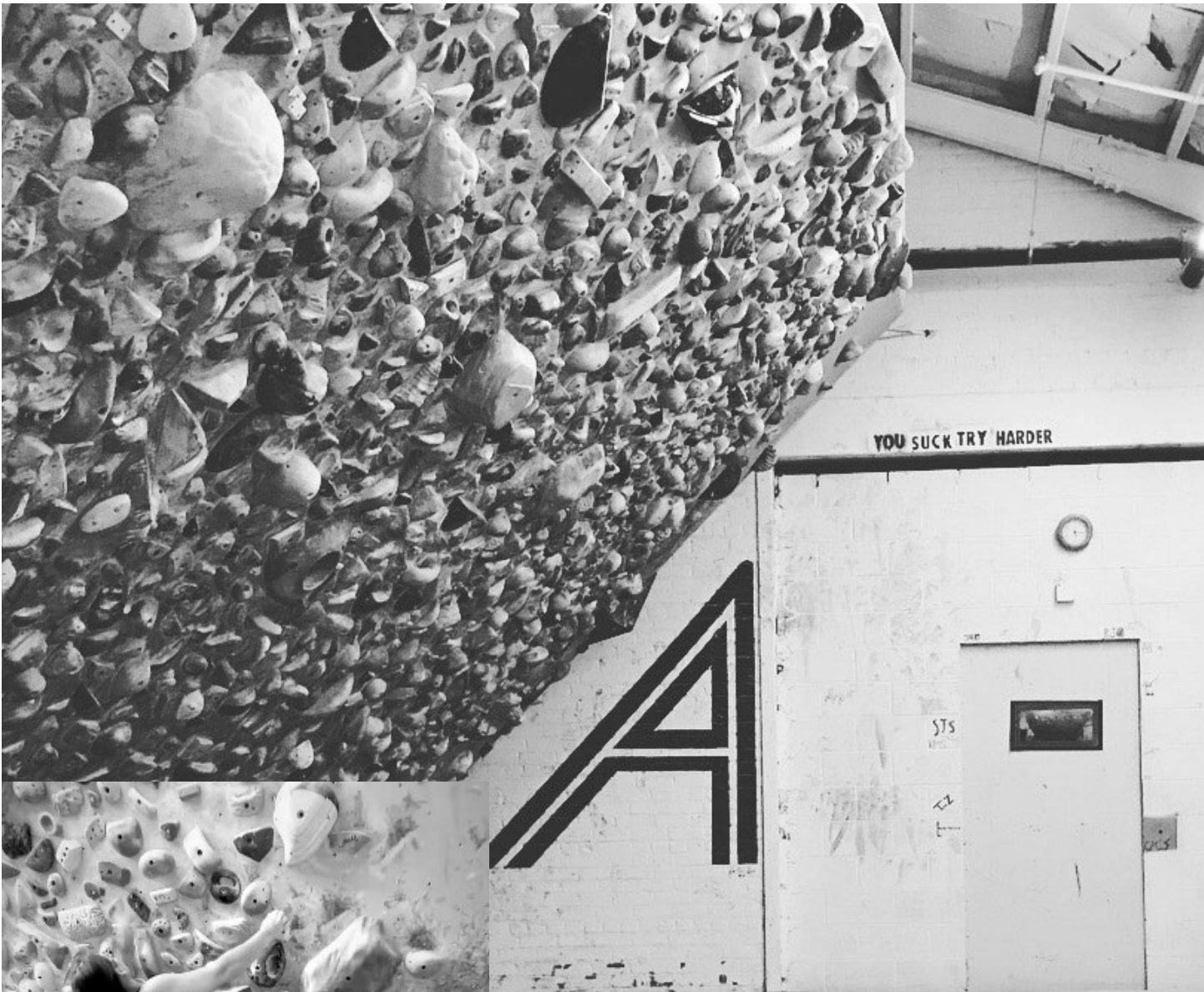


Selected climbs

(rough draft v.09)

\
Standards
Monochromatic
Pokédex
Rock





NOTE: \ This guide is a small selection of climbs from a list of hundreds (and growing) on the Stökt app.

Check out "The A" on Stökt for many, many more.



FIND MORE CLIMBS

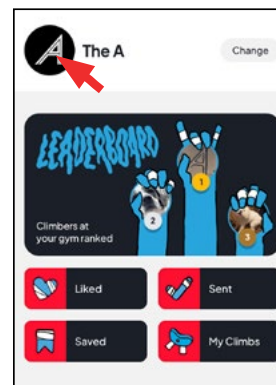
DOWNLOAD STÖKT



www.getstokt.com

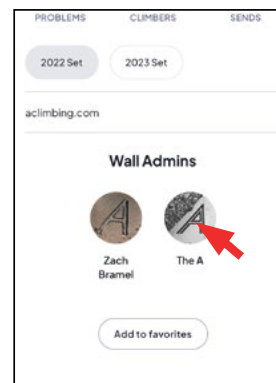
FIND CURATED LISTS

Choose The A as your Gym



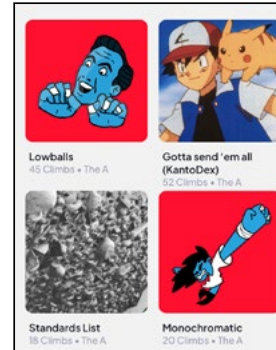
Go to Homepage

Click The A logo.



Scroll down to Wall Admins

Click The A.



Scroll down to the curated lists.

Jugs/
Monochromatics

First time here/on a spray wall?

Start with the Jugs/
Monochromatics. They are all one color (generally) making them easier to remember.

Memorizing your climbs is good practice (preplanning climbs is always a good idea.) But if you want, ask someone to get a stick and point out the holds.

Standards

U0

1:2 Shadow of the Past
Koala's March

U1

Purple Jugs
Wifey and a Mistress
Orange Crush

U2

Bussin'
Growlithe
Magikarp

U3

1:8 The Potions Master
Salt Bae, Hard Mode
Red Finger Jugs
Hondo Be Fakin'

U4

Suitcase
Medium Rock
The Demeter 🍷

U5

Woodballs
Escape Wood
Night Drive

U6

Blursing Akhenaten
Crimp Ladder
Issa Problem

U7

Wood Center
Nose Dive
Wood Flats
Snack Attack
Rock 45

U8

Sic Nic
Sifting
Wood Pistola

U9

Struthers Cobble
Jah Dae

U10

Wood 45

JUGS

(Monochromatics)



Grey Jugs Left



Grey Jugs Right



Purple Jugs

Grey Jugs Left - V0

★★★

They're Jugs. They're grey. And confusingly, one is wood. Left end of the board.

Grey Jugs Right - V0

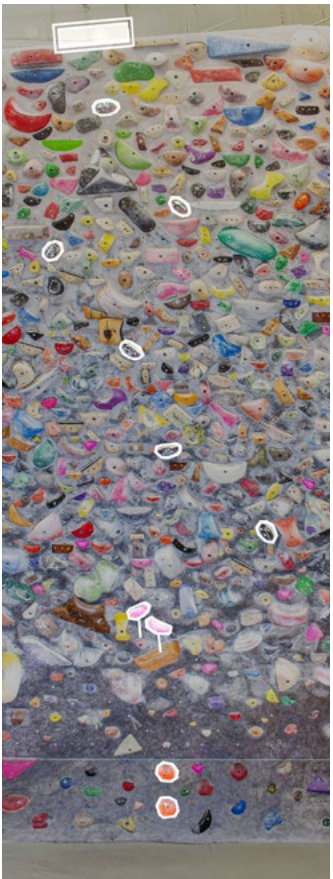
★★★★

Left's stranger cousin. Some say its harder - but its got more likes. Right end of the board.

Purple Jugs - V1

★ *STANDARD* ★

"The jugs formerly known as pink." Tricky, for a jug. Left end of the board.



Black Escape Jugs - V1

★★★★★
Emphasis on the escape, because there's a lot of running space between these. Center of the board.



Blue Jugs - V1

★★★★
Well liked. Right side of Board.



Orange Jugs - V1

★★★
Not quite Jugs. Not quite orange. Plan accordingly. Center left of the Board



Yellow Jugs V2

★★★★★
That shining yellow star? It's off. Get technical with it. Center of the Board



White Moon - U2

★★★★

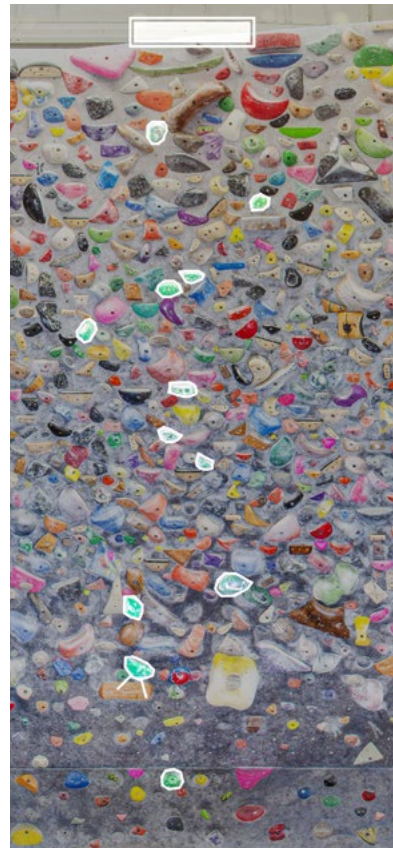
Desolate white moon. Fun, positional, tricky.



Wood Jugs - U2

★

A distinct crux



Green Crimps - U2

★★

Crimps.



Red Finger Jugs - U3

★ *STANDARD* ★

Rarely done. Not sure why.



Wood Tension - U4

★★★★

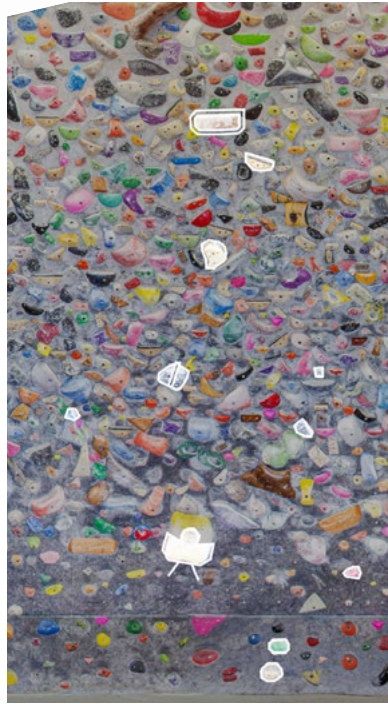
Powerful, long, a heartbreaker finish.

There is more V0-10 on STÖKT.



THE POKÉDEX

(Gotta Send 'em all)



Geodude - U2

★★

Train for fighting styles against rock types: Kung-fu grip finish. The volume is on.

Graveler - U3

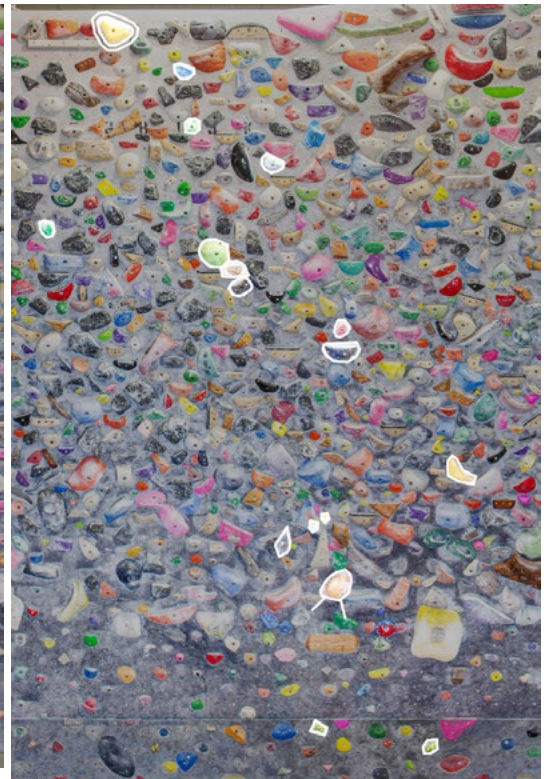
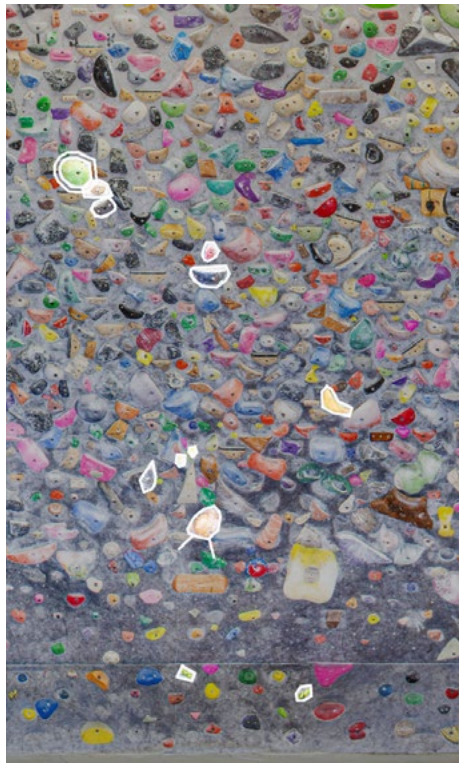
★★★

Get in the dirt. Don't forget your leg grappling martial arts.

Golem - U4

★★★★

Fight through the rock. Can you do the cross-over? 4 star fun.



Bulbasaur - U3

★★★★

Harder than it looks for a two-mover. Body position dependent.

Ivysaur - U4

no stars

Venusaur - U4

★★★★

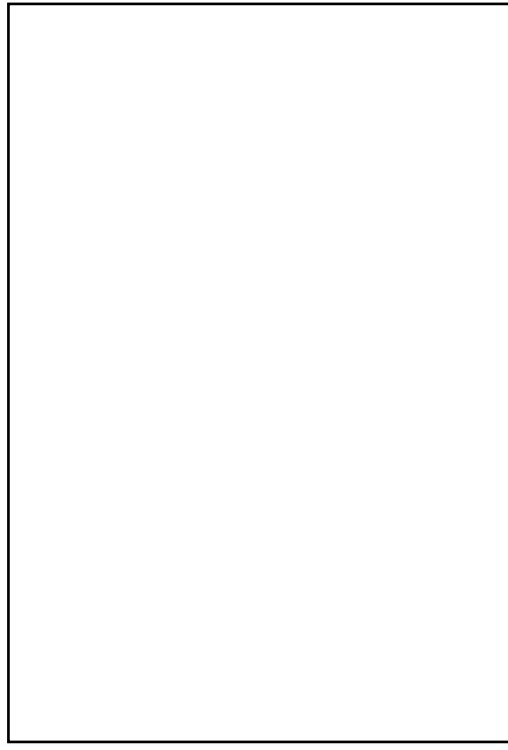
Perch, and trust the sloper to be rewarded with the problem's full bloom.



Staryu- U2

★★★★★

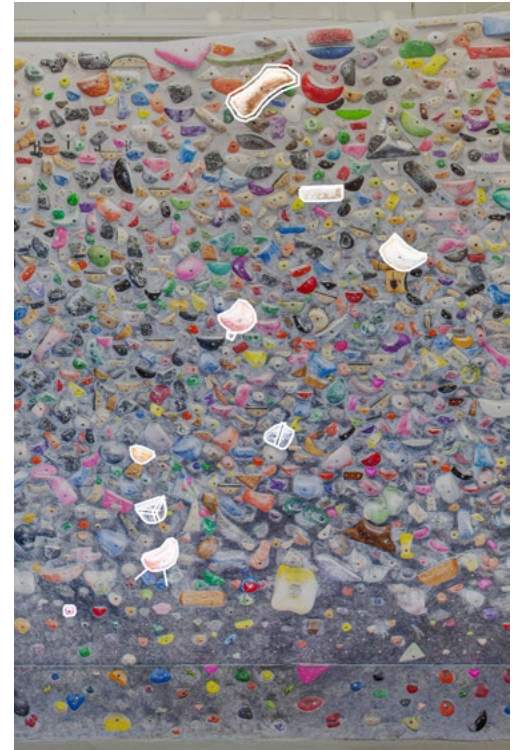
Travel the vertices, make yourself a star. Tension to keep from folding. Then go for his blue throat.



Starmie- U?

???

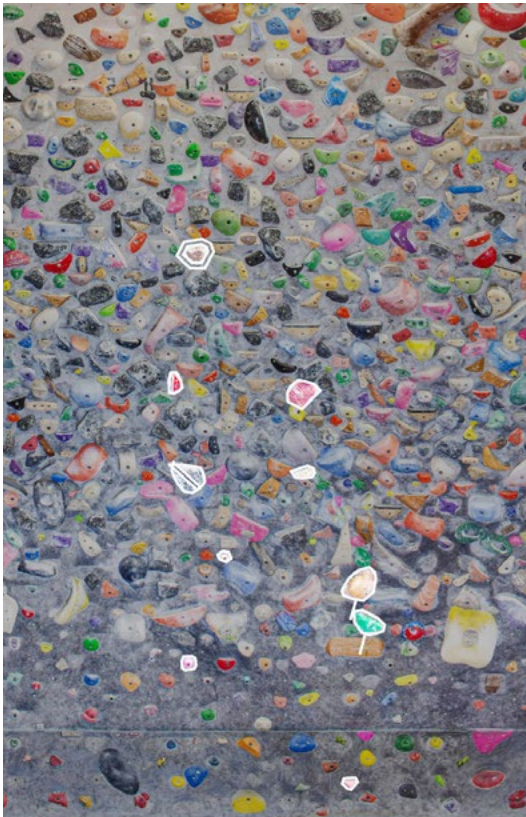
No Pokédex info



Magmar - U5

★★★★★

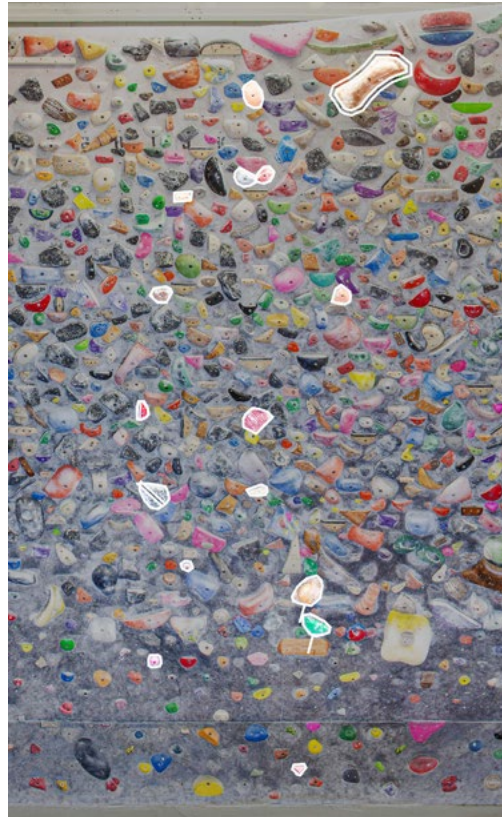
Delicately touch this heater of a boulder. The slippery hold can feel good if you figure out how to grab it.



Clefairy - U3

★★★

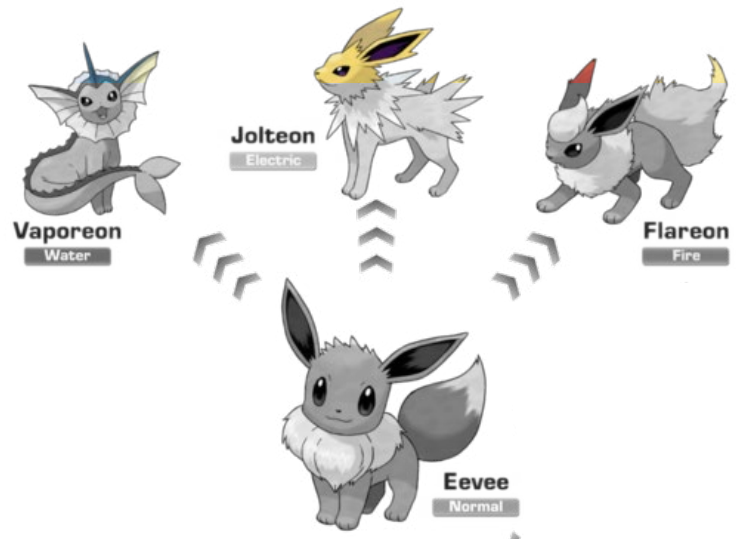
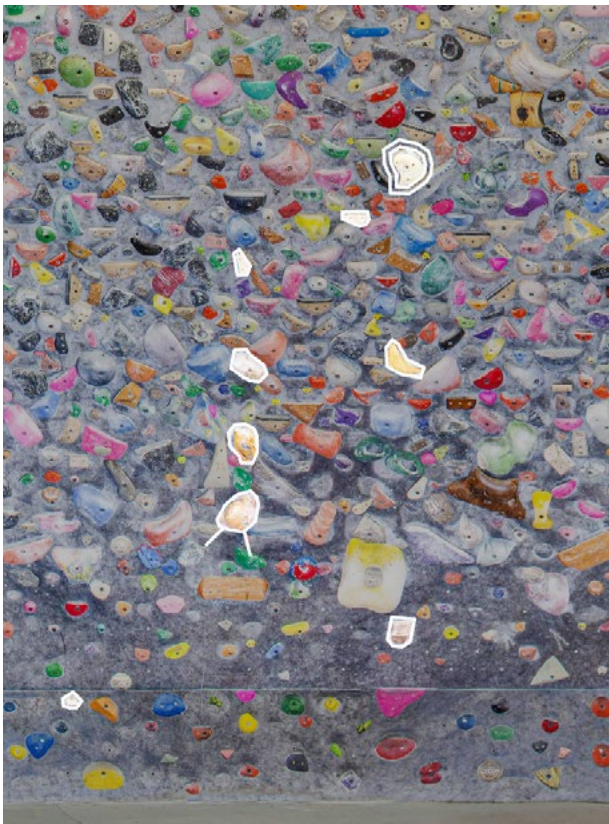
A choice between two blushing cheeks may charm you into the wrong path.



Clefable - U4

★

The author of this Pokédex used tallmode, it was very effective.



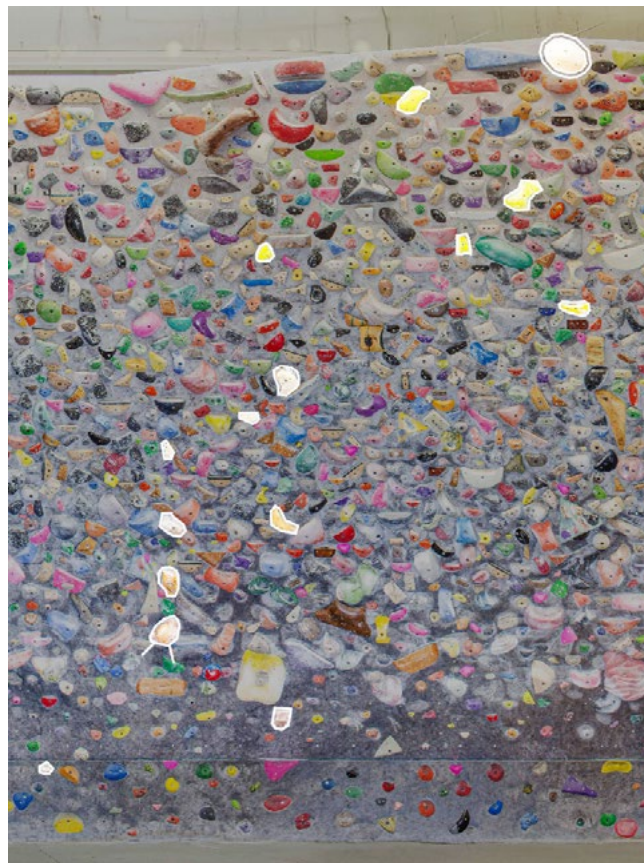
Eevee - U2



Cute. Slippery. Frustrating.



Vaporeon - U4



Jolteon - ???



Flareon - ???



Grimer - U4

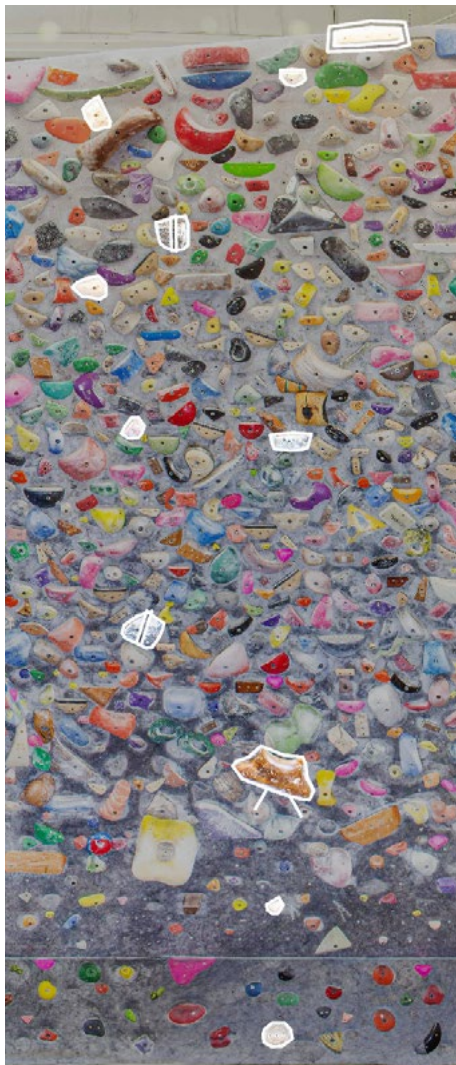
★★★

Get your hands in the blob, it's sticky and hard to escape.

Muk - U6

★★

Just a little bigger and bad-der than its previous form.



Magikarp - U2

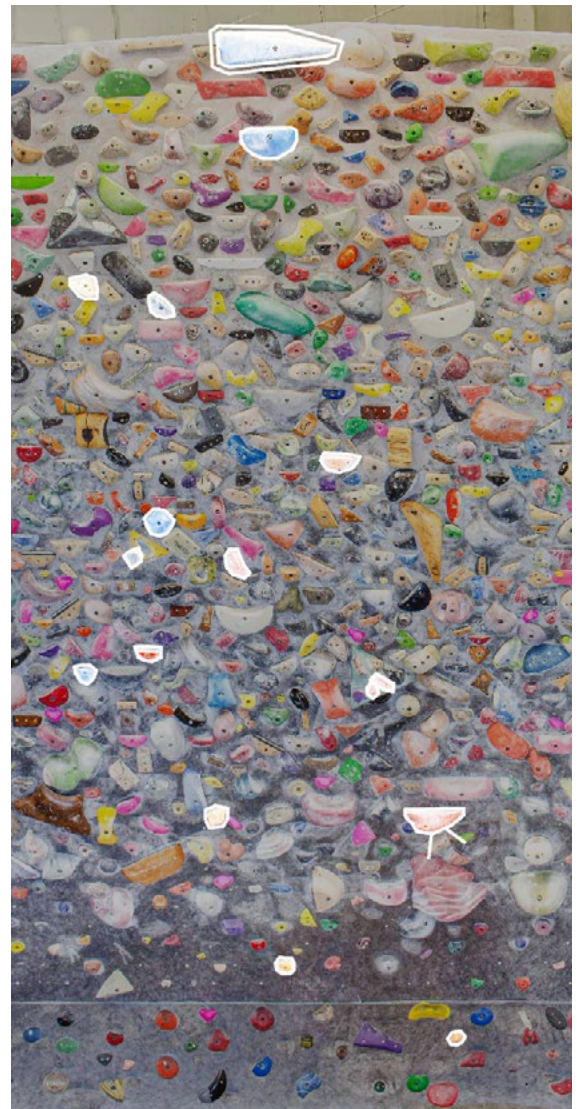
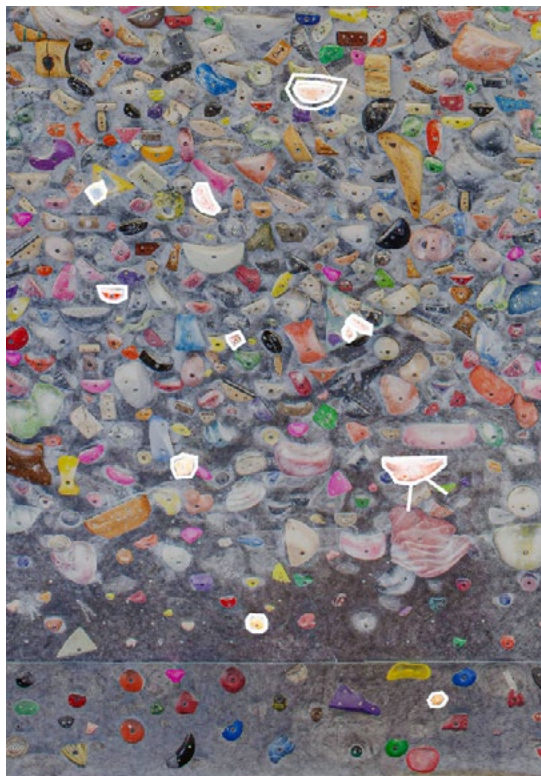
★ *STANDARD* ★

Can you splash your way up slippery fish?

Gyrados - U5

★★

A long bulder problem up blue dragon scales.



Growlithe - U2

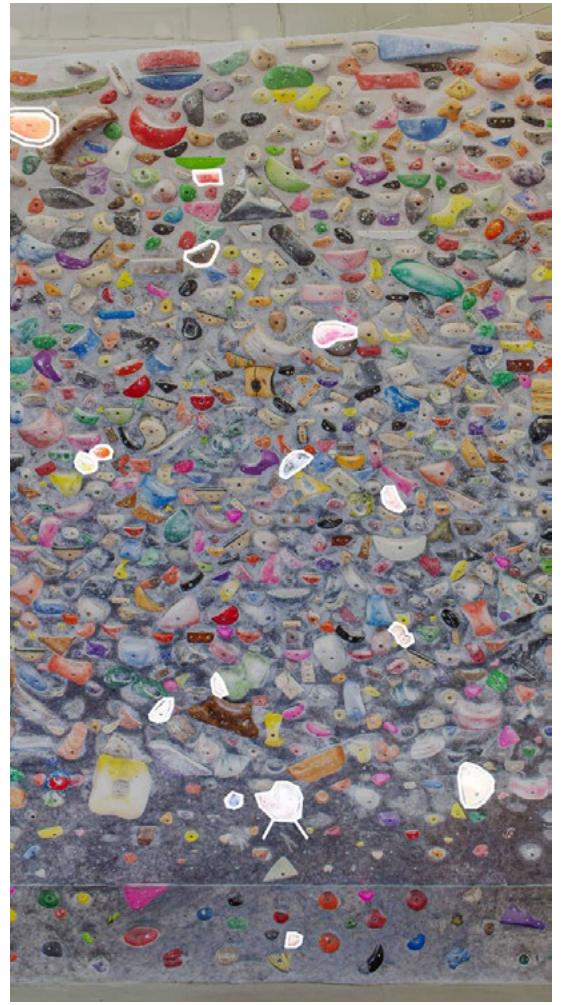
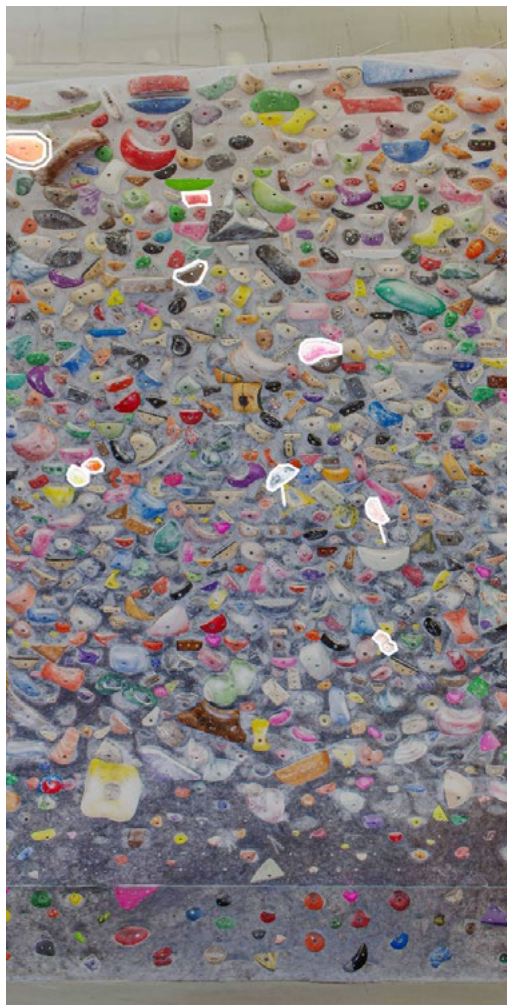
★STANDARD★

His f*ckboy haircut portends firey heartbreak.

Arcanine - U4

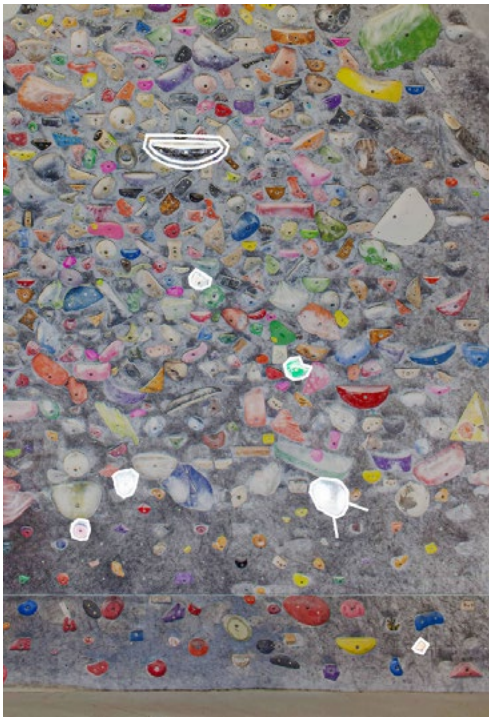
★★★

Don't let the K9 tooth deter you from climbing this very good boy problem.



#000 Missingno. - U6

~~Area of V-sh on ledge~~



Sandshrew - U4

★★★★★

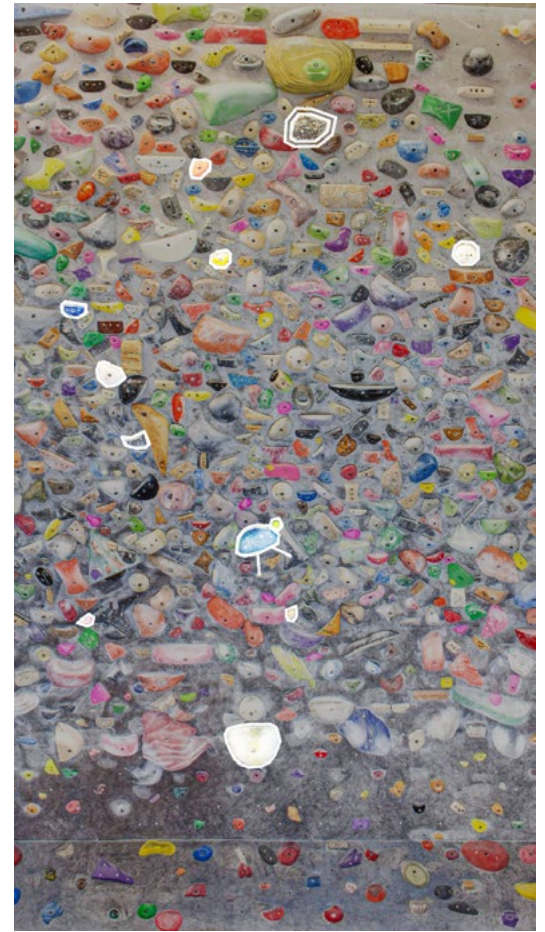
The move to the ledge is easier than you think; foot placement is the key.



Sandslash - U6

★★★★★

Use claws.



Mr. Mime - U5

★★★★★

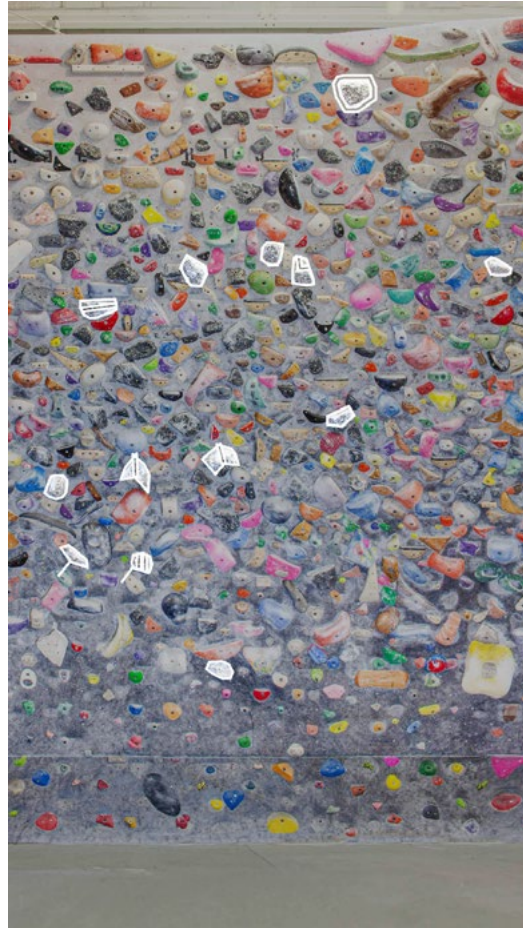
If you pretend to be a good climber this problem is easy.



Rhyhorn - U3

★★★

Low IQ Big move.

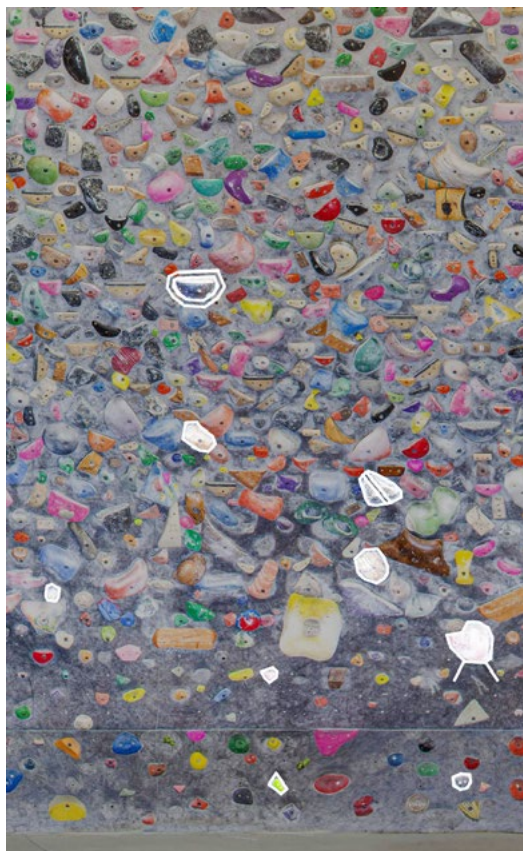


Rhydon - U6

★★★★★

Lower IQ Bigger move.

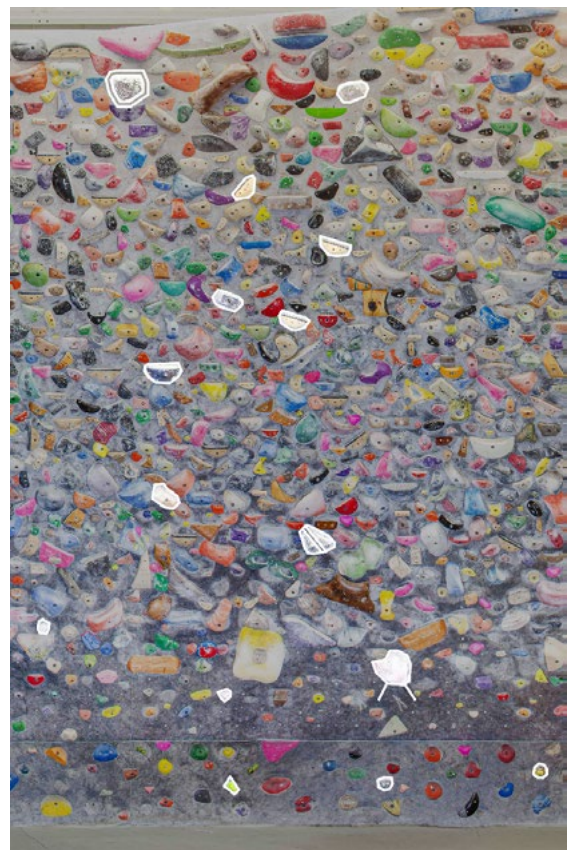




Omanyte - U2



Really good moves featuring holds of granite and clay.



Omastar - U6



More granite crimps lead to a shouldery finish. Trust your feet.



Rattata - U1



An easy first opponent.



Raticate - U2



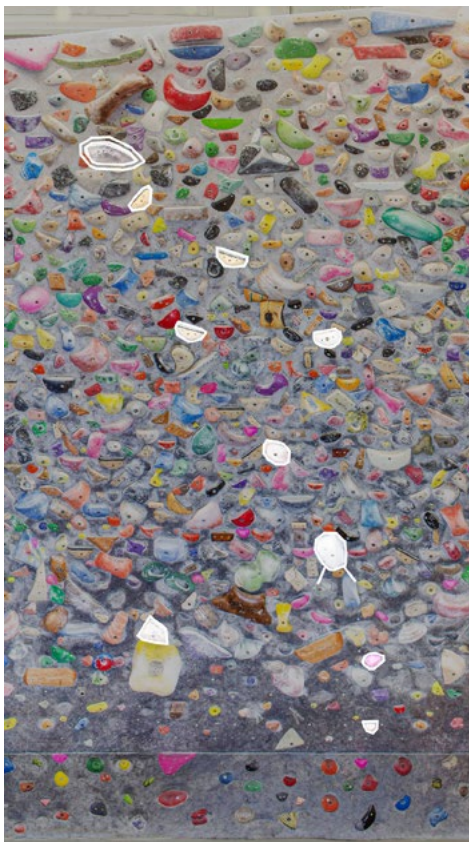
Big teeth, big holds.



Hitmonchan - U4

★★★★

Throw your best uppercut.



Cubone - U4

★★★★

Tougher than it looks.



Weedle - U3

★★★★

Perch to oppose the bad crimp.



Kakuna - U3

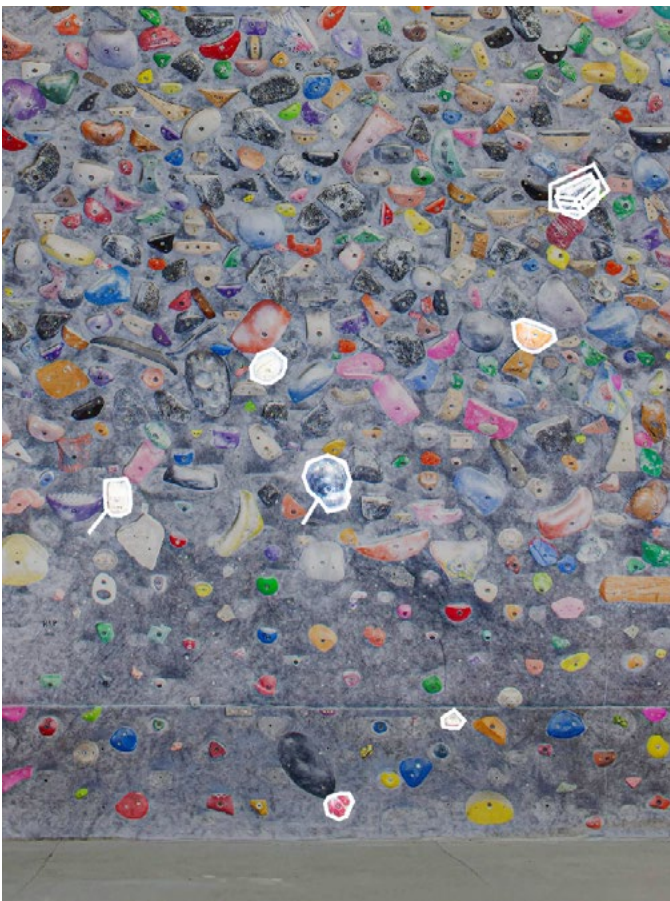
★★★



Beedrill - U6

★

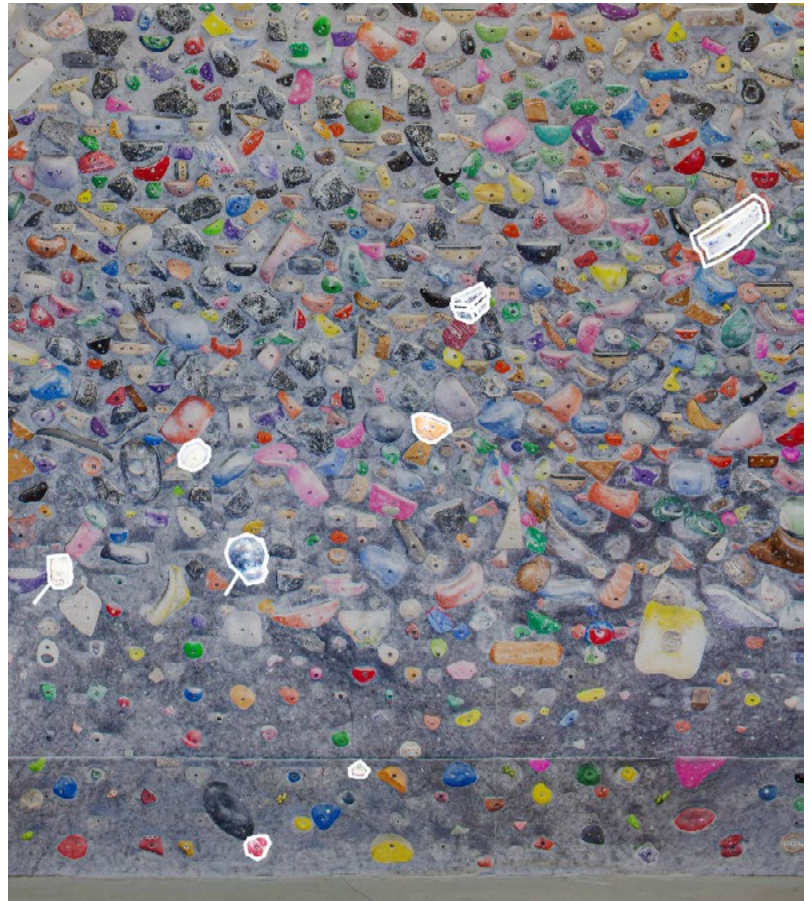
Drill down on crimps to send this long, involved, problem.



Gastly - U1

★★★★

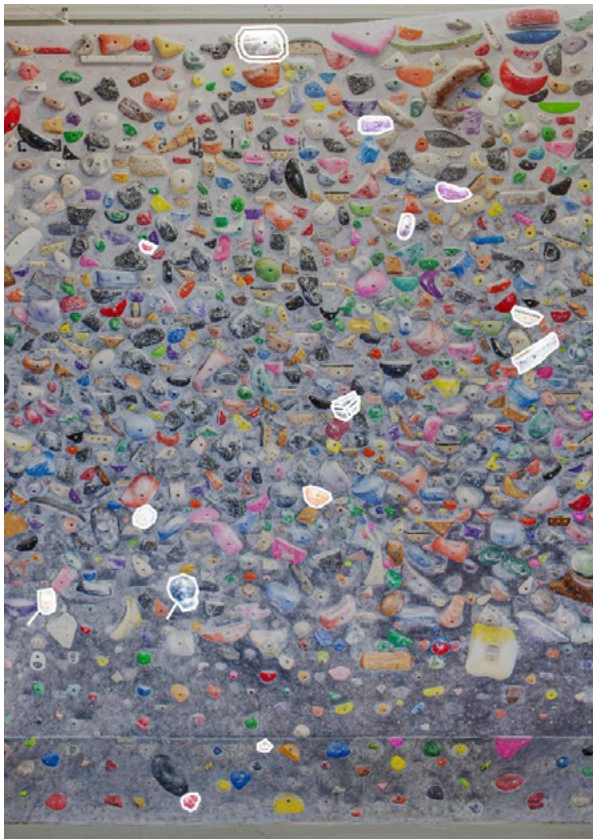
Make yourself a ghost and poof.



Haunter - U3

★★★★

Float one more haunting move.



Gengar - U7

★★

The boss of the trio. Beware the spooky move at the top.



Krabby - U4

★★★★

Don't let these pinches put you in a bad move.

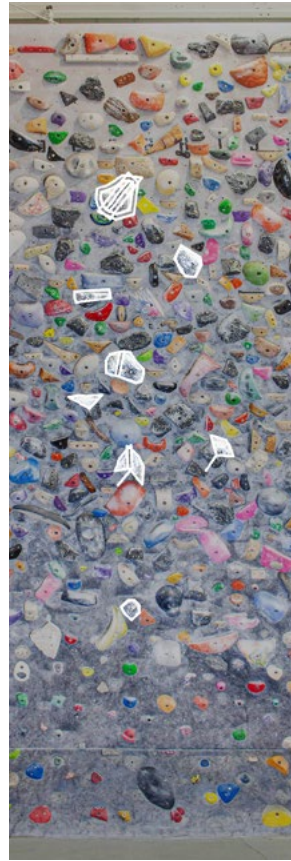


Kingler - ???

★

ROCK

(Rock)



1-2 Rock



With a firmhand shake, introduce yourself to rock.

(Easy)² - U0

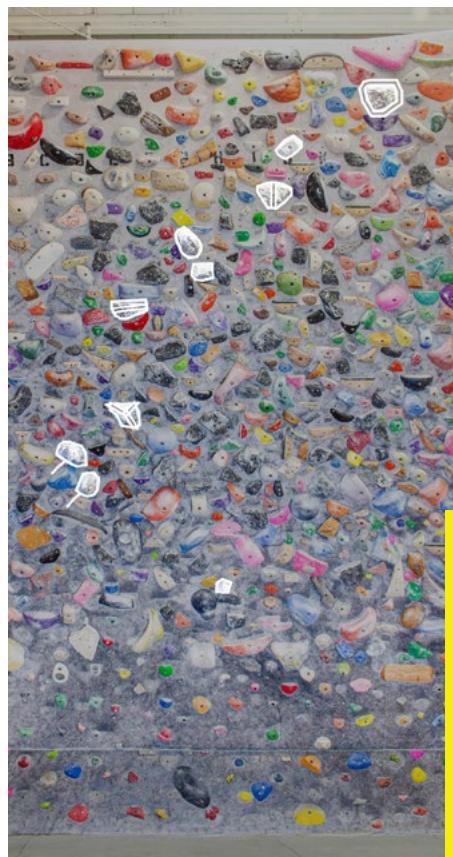
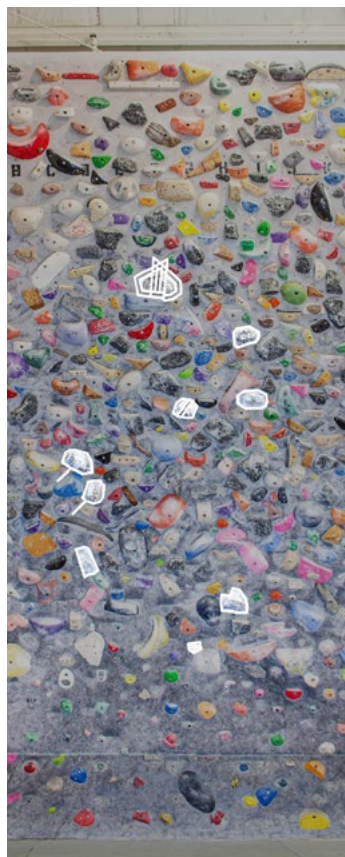


AKA We're running out of superlatives rock. Worthy of your efforts. The chokehold will endear you.

Super Easy Rock - U1



Pointing at your feet, dance. Bang bang.



Easy Rock- U3



Prove you can do what's easy. Don't trap yourself in a match. ;)

First Rock- U3



Firstboulder problem we made on the granite holds.

Medium Rock- U4



A favorite of many.

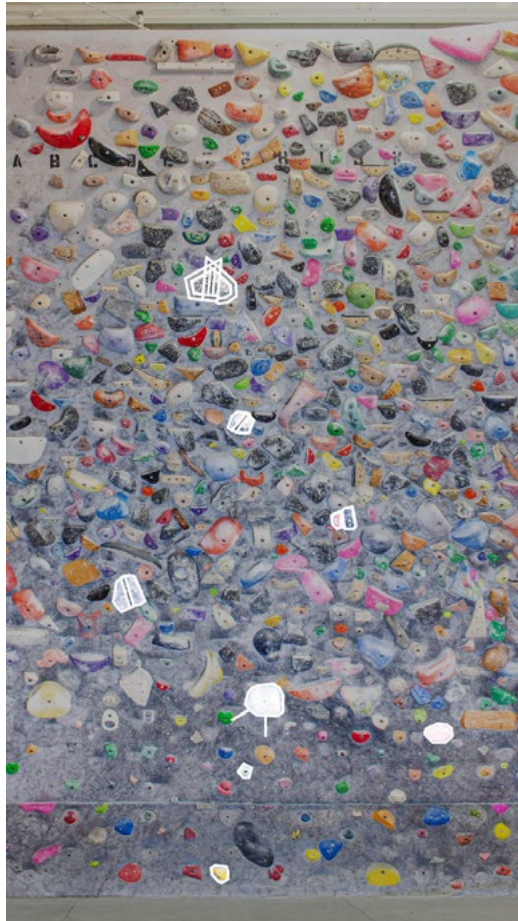
PROTIP

Feeling Hard? Rocks need brushing. To remove your human grease. It makes you a good steward. People will thank you. They'll say, what a crusher. What a generous benevolence. What a delight. That's what they'll say. If you brush. You should brush. Inside and out. Twice a day. This is not a suggestion.

Rock Pinches - U8



Position and power let you play on these pinches.



WOODBALLS

(Woodballs)

Woodballs - U5

★ STANDARD ★

Woodballs being V5 is a fact of reality. It is outside of consensus grading. It is as immutable as the Speed of Light, All time space and reality accommodate this immutable fact: Woodballs is V5

